

Adobe Premiere & After Effects - Course Notes 2022

Please note this course CAN be taken over 4 days but most people opt to combine Premiere and After Effects into a two-day course PACKED with information. Warning: it is impossible to learn both Prem & AE inside-out in 2 or 4 days, you will however be able to complete most of the below:

Adobe Premiere Pro

Creating a new project

What each setting means
Understanding the layout of the program's panels

Importing footage to the project

Importing
Previewing in the source monitor

Placing footage into the sequence timeline

Navigating the timeline panel
Audio vs video tracks
Linking and unlinking audio
Cutting video clips
Re-arranging video clips
Different types of edits (eg rolling edit, ripple edit)
Using the Slip tool and Slide tool

Using the Effects Panel

Stabilize
Fade in/out, other transitions
Opacity
Time remapping (freeze frame, slow-mo)

Colour Correction and Colour Grading

Using Curves/Hue/Saturation/etc to make clips consistently coloured and realistic (colour correcting)
Using Premiere's built-in LUTs to add an overall cinematic visual style (colour grading)
Before/after view

Clip editing

Creating 'Proxies' for large resolution files
Replacing clips with Adobe After Effects compositions

Exporting video files and saving the project - Export Media window, settings

Adobe Media Encoder, settings
Deleting unused clips
Collecting files

Adobe After Effects

Creating a new project

What each setting means
Understanding the layout of the program's panels
Importing footage to the project panel
Replacing or reloading footage

Creating a composition from footage

Layers: video, shape, type, adjustment,
Setting layer start/end points

Understanding basic animation

What are keyframes?
Setting keyframes
Types of keyframes (eg easy-ease)
Animating position, size, opacity, scale of different layers with keyframes
Parenting layers with the pick-whip
Adding motion blur
Combining these to create animated logo intro video, explainer video

Creating masks

Basic shape masks, pen tool masks
Subtractive vs additive masks
Track mattes - alpha, alpha inverted, luma, luma inverted

Nested compositions

Precomposing layers
Navigating these nested compositions in the project flowchart

Tracking + stabilizing footage

Basic tracker: position/scale/rotation
Creating a null object from tracking data and affixing a title or other object
Tracking for stabilization
3D Camera Tracking
Using masks and trackers to remove unwanted objects from a video

Exploring the power of the Effects Panel in AE

Using camera lens blur to create realism
Using CC Particle World to create snow/rain/other fx
Using keylight + cc key cleaner, spill suppressor to greenscreen anything -
Using chroma key to replace skies
Using various effects to make interesting opening titles and transitions

Exporting video files and saving the project

Render Composition Queue, settings
Adobe Media Encoder, settings
Deleting unused clips
Collecting files

Training is one-to-one from an industry expert, at your own pace.

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